

Specific What do I want to achieve exactly?

*Measurable* How will I measure my progress?

Achievable Is it realistic? What steps do I need to take to get there?

**Relevant** How does it help further my career aspirations?

*Time-bound* When do I want to achieve this goal by?

- + I'm going to start a new side hustle in this by this date.
- + I want to be promoted to this position by this date.
- + I'm going to learn this new skill which helps me do this by this date.

+ Goal #1
+ Steps to take
+ Goal #2 (or sub-goal)
+ Steps to take
+ Goal #3 (or sub-goal)